

FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

3.26 Heart Attack

Key Performance Outcomes

- Manage a chest pain patient

Patient Instructions

C/C:	"My chest pain is acting up again"
Hx/C/C:	You were out mowing the lawn when the pain started. You came inside, sat down and took 3 doses of your nitro spray medication but the pain remained so you decided you better call for assistance
Pain Assessment (PQRST)	Dull ache in the centre of your chest, does not radiate, 5/10 for severity, and the pain started about 20 minutes ago
Relevant symptoms:	You feel "weak" and normally this does not happen when you have an angina attack
Relevant past Med Hx:	Angina for the last 2 years and you had by-pass surgery 9 years ago
Medications:	Nitro Spray
Allergies:	Almonds
Other:	You are portraying a 60 year old patient. You are found fully reclined (supine) in a LazyBoy recliner If asked your last angina attack was 2 months ago and at that time the pain was relieved with nitro spray

Scenario Information

Dispatch Information

Dispatched to a residence for chest pain.

Scene Information

Upon arrival you are met by a person who tells you their spouse is having chest pain. You are directed to the living room. The patient appears to be in his/her 60's. The patient is supine in a LazyBoy recliner (fully reclined).

Witnessed or Secondary Information (as required)

If asked, the spouse (or the patient) will tell attendant that the pain started while mowing the lawn; that the patient walked in from the back yard to the recliner; and that the patient has taken 3 doses of his/her nitro spray but it has not helped with the pain. The patient feels "weak" and normally this does not happen when he/she has an angina attack.

Criteria	Relevant findings	Required actions
RSE	Safe	
LOC	Alert	Calm and reassure patient
D	None	
A	Open and clear	
B	Present and adequate	
C	Radial pulse rapid, weak, and regular	
RBS	No injuries found	
Critical Interventions	Manage chest pain	Position patient sitting or semi-sitting, oxygen therapy, and loosen any constrictive clothing
C/C	"My chest pain is acting up again"	
HX C/C	You were out mowing the lawn when the pain started. You came inside, sat down and took 3 doses of your nitro spray medication but the pain remained so you decided you better call for assistance	
Med Hx	Angina for the last 2 years and you had by-pass surgery 9 years ago	
Medication	Nitro Spray	
Allergies	Almonds	
Vital Signs	Initial Set	Second Set (if applicable)
	LOC Alert	LOC Alert
	PULSE 120 weak and regular	PULSE 110 weak and regular
	RESP 16 regular	RESP 16 regular
	SKIN Pale, cool, clammy	SKIN Pale, cool
Other/Misc.		