

## FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

### 3.19 Hyperthermia

#### Key Performance Outcomes

- Manage heat stroke

#### Patient Instructions

C/C:	"I'm hot and feel sick"
HxC/C:	You passed out in a hotel sauna
Pain Assessment (PQRST)	N/A
Relevant symptoms:	Vomiting, muscle twitching, and very hot skin
Relevant past Med Hx:	Asthma
Medications:	Ventolin inhaler
Allergies:	Pollen and cat dander
Other:	You were drinking heavily and then you and some friends snuck into the hotel sauna about 3 am. The security guard found you at 6 am.  You are portraying a 23 year old male patient.

## Scenario Information

### Dispatch Information

Dispatched to a local hotel for an unconscious collapse.

### Scene Information

It is 6:15 am. You are met by the hotel security guard who tells you he just found a young man passed out in the hotel sauna. As you head towards the sauna the security guard tells you the patient is "hotter than hell and still appears drunk".

### Witnessed or Secondary Information (as required)

If asked, the patient can state that he thinks he went into the sauna around 3 am.

Criteria	Relevant findings	Required actions
<b>RSE</b>	Patient still in the sauna	Remove the patient from the sauna
<b>LOC</b>	Confused, will respond to a painful stimuli	
<b>D</b>	None	
<b>A</b>	Open and clear	Patient will reject an OPA if attempted
<b>B</b>	Deep irregular breathing but adequate	
<b>C</b>	Radial pulse present and regular	
<b>RBS</b>	No injuries found but patient is extremely hot and dry to the touch and you notice muscle twitching  You also notice the smell of alcohol on the patient's breath	Notice skin temperature and muscle twitching
<b>Critical Interventions</b>	Manage heat stroke	Place patient in 3/4 position, cool the patient with ice or ice packs (focus on armpits, groin, and neck)
<b>C/C</b>	"I'm hot and feel sick"	
<b>HX C/C</b>	You passed out in a hotel sauna	
<b>Med Hx</b>	Asthma	
<b>Medication</b>	Ventolin inhaler	
<b>Allergies</b>	Pollen and cat dander	
<b>Vital Signs</b>	Initial Set	Second Set (if applicable)
	<b>LOC</b> Very confused. Responds to painful stimuli	<b>LOC</b> Very confused. Responds to painful stimuli
	<b>PULSE</b> 110 strong and regular	<b>PULSE</b> 100 strong and regular
	<b>RESP</b> 24 deep and irregular	<b>RESP</b> 20 regular
	<b>SKIN</b> Red, hot, dry	<b>SKIN</b> Red, hot, dry
<b>Other/Misc.</b>		Oxygen therapy as soon as practical