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## FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

### 3.2 Bleeding Shock

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#### Key Performance Outcomes

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- Control arterial bleeding

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#### Patient Instructions

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C/C:	"I stepped on a piece of glass and cut my foot"
Hx/C/C:	"I was skateboarding and stepped on a broken bottle"
Pain Assessment (PQRST)	Sharp pain in the sole of the foot, 8/10 for severity, does not radiate
Relevant symptoms:	Feels nauseous and may vomit
Relevant past Med Hx:	"Broken arm 2 months ago, just got my cast off last week"
Medications:	"Stuff for my acme but I don't know what it is"
Allergies:	Hay fever
Other:	You did not fall, bang your head or lose consciousness (no C-spine)

## Scenario Information

### Dispatch Information

You are sent to the local skateboard park for a fall

### Scene Information

As you approach the skateboard park you see numerous teenagers standing around another teenage boy who is sitting on the ground. As you get closer you can see a small pool of blood by the patient's feet. You also notice that the boy is barefoot. It is a warm sunny evening.

### Witnessed or Secondary Information (as required)

If asked there is no danger to you posed by the other teenagers; they are cooperative.

<b>Criteria</b>	<b>Relevant findings</b>	<b>Required actions</b>
<b>RSE</b>	Skateboard park with numerous teenagers present	Confirm that it is safe to approach the patient
<b>LOC</b>	Alert	
<b>D</b>	None	Determine mechanism of injury, rule out spinal injury
<b>A</b>	Clear and open	
<b>B</b>	Normal	
<b>C</b>	Radial pulse present and easily felt	
<b>RBS</b>	Large laceration (10 cm) found on sole of left foot, bleeding heavily	Find injury
<b>Critical Interventions</b>	Control arterial bleeding	Lay patient down, direct pressure, apply dressing and bandage
<b>C/C</b>	"I stepped on a piece of glass and cut my foot"	
<b>HX C/C</b>	I was skateboarding and I stepped on some broken glass"	
<b>Med Hx</b>	Broken arm	
<b>Medication</b>	"Stuff for my acme but I don't know what it is	
<b>Allergies</b>	Hay fever	
<b>Vital Signs</b>	Initial Set	Second Set (if applicable)
	<b>LOC</b> Alert	<b>LOC</b> Alert
	<b>PULSE</b> 90 regular	<b>PULSE</b> 90 regular
	<b>RESP</b> 20 regular	<b>RESP</b> 18 regular
	<b>SKIN</b> Normal	<b>SKIN</b> Normal
<b>Other/Misc.</b>	Feels nauseated  Shock	Oxygen should be applied as soon as practical after controlling the bleeding