

FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

3.28 Respiratory

Key Performance Outcomes

- Manage a short of breath patient

Patient Instructions

C/C:	"I'm short of breath and it is worth this morning"
HxC/C:	You went to bed last night feeling mildly short of breath but it has progressed overnight to the point where you are weak and very short of breath
Pain Assessment (PQRST)	N/A
Relevant symptoms:	Audible bubbling noises in lungs
Relevant past Med Hx:	Heart attack 5 years ago, high blood pressure for 10 years
Medications:	Lasix, Altace, and Isodril
Allergies:	Morphine
Other:	You are portraying an anxious patient in their 70's. You are found supine in a bed. If the attendant sits you up and applies oxygen this helps your breathing considerably over about 5 minutes

Scenario Information

Dispatch Information

At 5:00 am you are dispatched to a residence for shortness of breath

Scene Information

You are directed into a bedroom where you see an elderly patient lying in their bed. The spouse tells you that he/she went to bed feeling a "little short of breath" but it has gotten worse through the night, and now it's at the point where he/she doesn't have the strength to get out of bed.

Witnessed or Secondary Information (as required)

Criteria	Relevant findings	Required actions
RSE	Safe	
LOC	Alert but anxious	Calm and reassure patient
D	None	
A	Open and clear	
B	Laboured, bubbly, but adequate	
C	Radial pulse rapid and regular	
RBS	Bubbly sounds coming from lungs, swollen lower legs and feet	Notice abnormal breath sounds and swelling in lower legs and feet
Critical Interventions	Manage shortness of breath	Position patient sitting and oxygen therapy
C/C	"I'm short of breath and it is worth this morning"	
HX C/C	You went to bed last night feeling mildly short of breath but it has progressed overnight to the point where you are weak and very short of breath	
Med Hx	Heart attack 5 years ago, high blood pressure for 10 years	
Medication	Lasix, Altace, and Isodril	
Allergies	Morphine	
Vital Signs	Initial Set	Second Set (if applicable)
	LOC Alert and anxious	LOC Alert
	PULSE 104 regular	PULSE 96 regular
	RESP 28 laboured and bubbly	RESP 20 laboured
	SKIN Flushed and sweaty	SKIN Flushed
Other/Misc.	Note: If the attendant does not sit the patient up stay with the first set of vital signs	If the patient is sat up and given oxygen then, after 5 minutes, you can give the second set