

**FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR
RE-LICENSING PRACTICAL EVALUATION**

3.7 Fracture Injury

Key Performance Outcomes

- Treat a fractured arm

Patient Instructions

C/C:	"Pain in my lower left arm"
Hx/C/C:	"Landed on my arm after falling off my mountain bike"
Pain Assessment (PQRST)	Sharp throbbing pain just above the wrist. Pain does not radiate. 7/10 for severity
Relevant symptoms:	Swelling at injury site. It is a closed fracture.
Relevant past Med Hx:	Diabetic
Medications:	Insulin
Allergies:	Demerol
Other:	Position yourself sitting holding your left arm. It hurts to move your arm. If asked, you had your helmet on, you did not bang your head, you did not lose consciousness, and you have no neck pain.

Scenario Information

Dispatch Information

You are sent to a community park for a mountain bike accident.

Scene Information

You arrive on scene to find 2 mountain bikers kneeling beside a woman who appears to be in her late twenties. She is in obvious pain and you notice that she is supporting her left arm. She is still wearing her mountain bike helmet. It is a warm summer day.

Witnessed or Secondary Information (as required)

If asked, you had your helmet on, you did not bang your head, you did not lose consciousness, and you have no neck pain.

Criteria	Relevant findings		Required actions	
RSE	Safe			
LOC	Alert and in obvious pain			
D	None		Determine mechanism of injury, rule out spinal injury	
A	Open and clear			
B	Present, adequate			
C	Radial pulse present and regular			
RBS	Possible closed fracture lower left arm, redness, swelling, and point tenderness		Find injury	
Critical Interventions	Manage fracture		Support and stabilize injury	
C/C	"Pain in my lower left arm"			
HX C/C	"Landed on my arm after falling off my mountain bike"			
Med Hx	Diabetic			
Medication	Insulin			
Allergies	Demerol			
Vital Signs	Initial Set		Second Set (if applicable)	
	LOC	Alert	LOC	Alert
	PULSE	92 regular	PULSE	84 regular
	RESP	18 regular	RESP	18 regular
	SKIN	Warm, pink, sweaty	SKIN	Warm, pink, sweaty
Other/Misc.	Swelling		Apply ice. Oxygen therapy as soon as practical after stabilizing injury.	