



## **First Responder Check List for Assessment Drills**

### **Notes to Instructor:**

- The First Responder must identify and attempt to correct as issues arise.
- Observe for Fixation and Correct.
- The FR needs to demonstrate situational awareness and not become fixated on one problem. However, each life-threatening issue involving Airway, Breathing, & Circulation must be either delegated or corrected by the First Responder.
- The Checklist is intended to fit all scenarios. Instructors are encouraged to make notes depending on what is required in the scenario.
- All checklist must be reviewed by the First Responder in training.

### **First Responder Assessment Checklist**

#### **Scene Sizeup \_\_\_\_\_**

Identifies all Hazards \_\_\_\_\_

Number of Victims Noted \_\_\_\_\_

Initiates Call for Assistance \_\_\_\_\_

#### **Assess Level of Consciousness**

1.) Alert \_\_\_\_\_

2.) Verbal \_\_\_\_\_

3.) Pain \_\_\_\_\_

4.) Unresponsive \_\_\_\_\_

#### **No Pulse commence CPR & Apply AED (CAB-D) If deadly bleed present apply tourniquet \_\_\_\_\_**

Manage Deadly Bleed \_\_\_\_\_

Apply direct pressure \_\_\_\_\_

If Pulse Proceed to Primary Assessment (ABC Approach) \_\_\_\_\_

#### **The Primary Assessment Airway (FR Indicates Resistance and adjust airway as necessary)**

Assess for Choking \_\_\_\_\_

Infant: 5 back blows, 5 Chest Thrusts \_\_\_\_\_

Child & Adult: Abdominal Thrusts \_\_\_\_\_

Simple Airway Adjustment: Jaw thrust / head tilt / chin lift \_\_\_\_\_

OPA Inserted for Unresponsive Victim \_\_\_\_\_

Pocket Mask (Single person rescue) \_\_\_\_\_

Bag Valve Mask (BVM) \_\_\_\_\_



## **First Responder Assessment Checklist**

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**Breathing** (FR indicates rise & fall of the chest) \_\_\_\_\_

Oxygen Applied (If required) Proper flow rate as per mask being used \_\_\_\_\_

**Circulation** (Indicates Pulse Weak, Irregular, Strong, Bounding) \_\_\_\_\_

Recognize & Manage Bleed \_\_\_\_\_

**RBS** \_\_\_\_\_

Identifies findings \_\_\_\_\_

Delegates \_\_\_\_\_

Manages issues as discovered

**Secure for Transport** \_\_\_\_\_

Utilizes appropriate equipment. Clamshell / spine board / hard collar \_\_\_\_\_

**Returns to ABC approach** \_\_\_\_\_

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**Successful** \_\_\_\_\_

**Unsuccessful** \_\_\_\_\_

**Remediation required** \_\_\_\_\_

**Instructor Name:** \_\_\_\_\_

**Instructor Signature:** \_\_\_\_\_

**Date of Test:** \_\_\_\_\_