

FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

3.25 Heart Attack

Key Performance Outcomes

- Manage a chest pain patient

Patient Instructions

C/C:	"Chest pain and I just can't seem to catch my breath"
HxC/C:	Started suddenly while playing squash. You have been inactive for close to a year and you thought you would get back in shape by playing squash
Pain Assessment (PQRST)	A squeezing pain in the centre of your chest, pain radiates up into jaw and arms, 8/10 for severity, and the pain started about 25 minutes ago
Relevant symptoms:	You are very anxious
Relevant past Med Hx:	High blood pressure
Medications:	Captopril for your high blood pressure
Allergies:	Peanuts
Other:	You are portraying an obese 55 year old patient. You have been lying (your head and shoulders propped up on a gym bag) outside the squash court for approximately 25 minutes hoping the pain would go away. Finally your squash partner insisted he call for assistance.

Scenario Information

Dispatch Information

Dispatched to the local squash club for chest pain.

Scene Information

You are directed to a man lying (head and shoulders propped up on a gym bag) outside the squash court. He appears to be in his mid 50's, anxious, pale, obese, and sweating profusely. The scene is safe.

Witnessed or Secondary Information (as required)

If asked, you have been lying outside the squash court for approximately 25 minutes hoping the pain would go away. Finally your squash partner insisted he call for assistance.

Criteria	Relevant findings		Required actions	
RSE	Safe			
LOC	Alert but anxious		Calm and reassure patient	
D	None			
A	Open and clear			
B	Rapid and shallow but adequate			
C	Radial pulse present but irregular			
RBS	Skin is pale, very sweaty, and patient is complaining of chest pain, no injuries found		Notice skin, profuse sweating, and chest pain	
Critical Interventions	Manage chest pain		Position patient sitting or semi-sitting, oxygen therapy, and loosen any constrictive clothing	
C/C	"Chest pain and I just can't seem to catch my breath"			
HX C/C	Started suddenly while playing squash. You have been inactive for close to a year and you thought you would get back in shape by playing squash			
Med Hx	High blood pressure			
Medication	Captopril			
Allergies	Peanuts			
Vital Signs	Initial Set		Second Set (if applicable)	
	LOC	Alert	LOC	Alert
	PULSE	110 irregular	PULSE	100 irregular
	RESP	24 shallow	RESP	20 regular
	SKIN	Pale, profuse sweating	SKIN	Pale, profuse sweating
Other/Misc.	Note: Once the attendant sits the patient up the patient's breathing becomes easier. If the attendant does not sit the patient up the vital signs should remain the same.			