

## FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

### 3.11 Abdominal Injury

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#### Key Performance Outcomes

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- Manage an open abdominal injury with bowel protrusion

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#### Patient Instructions

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C/C:	"My stomach hurts"
Hx/C/C:	You were passing pieces of "re-bar" (2cm diameter X 3 metres long steel rod) up to a co-worker who was standing above you on some scaffolding. A piece slipped back hitting you in the abdomen.
Pain Assessment (PQRST)	Just above the navel, dull ache, does not radiate, does not hurt too bad (2/10 for severity, and it happened approximately 15 minutes ago.
Relevant symptoms:	You are scared and anxious
Relevant past Med Hx:	Glaucoma
Medications:	You take eye drops for your glaucoma but you don't know what the medication is called
Allergies:	Shellfish
Other:	You are portraying someone in their 50's

## Scenario Information

### Dispatch Information

You are dispatched to a construction site for an industrial accident.

### Scene Information

You are met by a foreman of the construction site. He tells you the area where the patient is located is safe. He informs you that one of his workers got hit with a piece of "re-bar" (2cm diameter X 3 metres long steel rod) in the stomach

### Witnessed or Secondary Information (as required)

The First Aid Attendant called in sick today.

Criteria	Relevant findings	Required actions
<b>RSE</b>	Construction site. Patient is sitting at the base of some scaffolding.	Ensure area is safe to approach and treat patient
<b>LOC</b>	Alert but anxious	Calm and reassure patient
<b>D</b>	None	Determine mechanism of injury, rule out spinal injury
<b>A</b>	Open and clear	
<b>B</b>	Present and adequate	
<b>C</b>	Radial pulse present and regular	
<b>RBS</b>	Penetrating abdominal wound just above the naval, with approximately 20 cms of protruding bowel	Find injury
<b>Critical Interventions</b>	Treat an open abdominal injury	Position patient supine with head and shoulders raised and knees flexed, cover wound/bowel with sterile gauze, moisten dressings with sterile water, cover with plastic wrap, cover with abdominal pads, apply bulky dressings, and secure dressings in place
<b>C/C</b>	"My stomach hurts"	
<b>HX C/C</b>	You were passing pieces of "re-bar" (2cm diameter X 3 metres long steel rod) up to a co-worker who was standing above you on some scaffolding. A piece slipped back hitting you in the abdomen.	
<b>Med Hx</b>	Glaucoma	
<b>Medication</b>	Eye drops for glaucoma but patient doesn't know what the medication is called	
<b>Allergies</b>	Shellfish	
<b>Vital Signs</b>	Initial Set	Second Set (if applicable)
	<b>LOC</b> Alert	<b>LOC</b> Alert
	<b>PULSE</b> 110 regular	<b>PULSE</b> 96 regular
	<b>RESP</b> 24 regular	<b>RESP</b> 20 regular
	<b>SKIN</b> Normal	<b>SKIN</b> Normal
<b>Other/Misc.</b>		Oxygen therapy as soon as practical.