
FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

3.17 Hypothermia

Key Performance Outcomes

- Manage hypothermia

Patient Instructions

C/C:	"I'm extremely cold"
HxC/C:	You were inadvertently locked in walk-in meat locker/freezer for approximately 2 hours.
Pain Assessment (PQRST)	N/A
Relevant symptoms:	Shivering, slurred speech, and confusion
Relevant past Med Hx:	Gall Bladder surgery two weeks ago
Medications:	Antibiotic but you are not sure of the name
Allergies:	Any form of nuts
Other:	You are portraying a 50 year old patient. You are lying supine outside the meat locker.

Scenario Information

Dispatch Information

You are sent to the local meat processing facility for a possible hypothermic patient.

Scene Information

You are met at the scene by the Facility Manager. She tells you that the employee (patient) was last seen at coffee break - approximately 2 hours ago. The manager states the employee was found in the walk-in meat locker/freezer "damm near frozen to death". As you approach you see a man who appears to be in his 50's lying supine outside the meat locker/freezer. You notice he is shivering violently.

Witnessed or Secondary Information (as required)

Other employees removed the patient from the meat locker/freezer.

Criteria	Relevant findings		Required actions	
RSE	Safe			
LOC	Mild confusion, slurred speech		Reassure patient	
D	None			
A	Open and clear			
B	Present and adequate			
C	Radial pulse present and regular			
RBS	No injuries found but skin is very cold to the touch and the patient is violently shivering		Notice skin temperature and shivering	
Critical Interventions	Manage hypothermia		Cover with blankets	
C/C	"I'm extremely cold"			
HX C/C	You were inadvertently locked in walk-in meat locker/freezer for approximately 2 hours.			
Med Hx	Gall Bladder surgery two weeks ago			
Medication	Antibiotic but you are not sure of the name			
Allergies	Any form of nuts			
Vital Signs	Initial Set		Second Set (if applicable)	
	LOC	Mild confusion, slurred speech	LOC	Mild confusion, slurred speech
	PULSE	64 regular	PULSE	64 regular
	RESP	12 regular	RESP	12 regular
	SKIN	Pale and cold	SKIN	Pale and cold
Other/Misc.			Oxygen therapy as soon as practical	