

FIRST RESPONDER INITIAL CERTIFICATION/LICENSURE OR RE-LICENSING PRACTICAL EVALUATION

3.8 Dislocation Injury

Key Performance Outcomes

- Treat a dislocated shoulder

Patient Instructions

C/C:	"Severe pain in my right shoulder, I think I have dislocated it again"
HxC/C:	You collided with another soccer player running in the opposite direction
Pain Assessment (PQRST)	Constant throbbing pain in right shoulder, the pain does not radiate, 9/10 for severity
Relevant symptoms:	Numbness and tingling in the fingers of your right hand. Unable to move shoulder joint.
Relevant past Med Hx:	Healthy but you have dislocated this same shoulder twice before while skiing
Medications:	Birth control pills
Allergies:	Morphine
Other:	Position yourself sitting holding your right arm. It hurts to move your arm. If asked, you did not bang your head, you did not lose consciousness, you have no neck pain, and you walked off the field after the collision.

Scenario Information

Dispatch Information

You are dispatched to a playing field for a sports injury.

Scene Information

It's a warm sunny day. You find a woman in her mid twenties sitting on the sidelines of a soccer pitch supporting her right arm. She is in obvious discomfort.

Witnessed or Secondary Information (as required)

If asked, the patient did not bang her head, lose consciousness, has no neck pain, and walked off the field after the collision.

Criteria	Relevant findings		Required actions	
RSE	Safe			
LOC	Alert but in obvious pain			
D	None		Determine mechanism of injury, rule out spinal injury	
A	Open and clear			
B	Present and adequate			
C	Radial pulse present and regular			
RBS	Obvious dislocation of right shoulder (deformity)		Find injury	
Critical Interventions	Manage dislocation		Support and stabilize injury	
C/C	"Severe pain in my right shoulder, I think I have dislocated it again"			
HX C/C	I collided with another soccer player running in the opposite direction			
Med Hx	Healthy but have dislocated this same shoulder twice before while skiing			
Medication	Birth control pills			
Allergies	Morphine			
Vital Signs	Initial Set		Second Set (if applicable)	
	LOC	Alert	LOC	Alert
	PULSE	92 regular	PULSE	80 regular
	RESP	24 regular	RESP	20 regular
	SKIN	Warm, pink, sweaty	SKIN	Warm, pink, sweaty
Other/Misc.	Numbness and tingling in fingers of right hand. Unable to move shoulder joint		Apply ice. Oxygen therapy as soon as practical after stabilizing injury.	